



# Fitness and Sports Newsletter

Mar - Apr  
2024  
Issue #18

For more information, visit <https://www.wrightpattfss.com/> or @WrightPattFitness on Facebook

## Recent Fitness Events



### The Super Mario Dive-In Movie

Annually, Fitness & Sports hosts a Dive-In movie night that provides children and families with space to have fun, eat food, and watch a movie. Using the indoor pool at Dodge Fitness Center, an inflatable screen is set up to display a movie for all to enjoy while in the pool.

This year, 95 people came out to watch the newest Super Mario Bros movie. With the support of First Command and Anthem Blue Cross, everyone was able to enjoy pizza, fruit snacks and popcorn during this eventful Friday night.

We are all out of pizza, but the pool at Dodge is still open for use!

#### Hours of Operation:

Monday & Wednesday-Friday 0600-1800, closed on Tuesdays and the weekends.



### Indoor Triathlon

The 2024 Indoor Triathlon allows for athletes to test their endurance during this 45 minute all out distance race. We offer outdoor triathlons twice a year, and this competition helps those stay in excellent condition. This year we had 30 participants take on the indoor row, bike, and run challenge. In just 45 minutes, the top female, Michelle Kiger, was able to complete 8.96 miles, and our top male, Blake Harris, completed 11.04 miles.

If you are interested in similar events, the two outdoor triathlon events will be hosted at the end of June and start of August.



PRESENTED BY: **FIRST COMMAND**  
No Federal Endorsement Intended

**ULTIMATE DODGEBALL TOURNAMENT**

**APRIL 12 • 11 AM - 1 PM**

**JARVIS FITNESS CENTER**

Scan QR Code to sign up today!

**6v6 Double Elimination Tournament**  
12 teams with 6 - 8 players per team  
Winning team gets team name placed on the "Ultimate Dodgeball Wrench Trophy"  
*Open to US Military, retirees, DoD Civilians and dependents.*

For more information, please call (937) 257-4225

**FSS**

# Recent & Upcoming Sporting Events

## WPAFB Varsity Basketball Program

This year, the Men's WPAFB Varsity Basketball Team has entered the Military Basketball Association. In the Atlantic Coastal Military Basketball Conference (ACMBC). The team is facing eight other military basketball teams consisting of Air Force, Army, Marine, and Naval installations.

In January, Wright-Patt hosted Scott AFB and Seymour Johnson AFB where our men's team won three out of the four games they played. We are hosting both teams again on March 2<sup>nd</sup> and 3<sup>rd</sup>, then traveling to Fort Campbell to compete in our final tournament before conference playoffs. The conference championship will be held in Philadelphia where the winning team will advance to MBA Finals held in Texas.

If you get a chance, come out to Jarvis Fitness Center to support your Men's Varsity Team! Any varsity or intramural related questions? Call the sports office at 937-656-5961.



# INTRAMURAL SOFTBALL LEAGUE



## SEASON STARTS MAY 21

Put your softball skills to the test this summer in our annual co-ed recreational softball league.

Open to U.S. military, DoD civilians, & retirees over 18 years old. Teams must have a minimum of 9 players (max. 12). The league will be played by USSSA/ASA rules.

Registration ends May 6

For more information, contact the Sports Programs manager at (937) 656-5961

### MANDATORY CAPTAIN'S MEETING

MAY 6 | 12 PM & 5:30 PM  
JARVIS FITNESS CENTER

We will be discussing by-laws, scheduling, rosters, and more. One representative from each team must be present.



Scan the QR Code to download the team registration form



## Intramural Basketball

The 2023-2024 intramural basketball season came to an end this February. Consisting of 9 teams and over 115 players, this 12-week regular season determined the top 50% of teams who then faced off in a single-elimination tournament. LCMC and 88 FSS battled in the championship game, where LCMC came out on top with a score of 48-34!



2023-2024 WPAFB  
Intramural Basketball  
Champions:  
LCMC "Get Wright"

Second Place:

88 FSS

