



# Fitness and Sports Newsletter

May - Jun  
2024  
Issue #19

For more information, visit <https://www.wrightpattfss.com/> or @WrightPattFitness on Facebook

## Recent Fitness Events

### Ping Pong Tournament

On 7 March we hosted a single's ping pong tournament at Wright Field Fitness Center. We turned the basketball courts into a 5-table ping pong hotspot, where 26 individuals came out to take a swing at the competition. After defeating 6 opponents in a double-elimination tournament, Mannie Williams is now declared your WPAFB ping pong champion!



### Ultimate Dodgeball Tournament



This April we hosted our 4<sup>th</sup> annual Ultimate Dodgeball Tournament at Jarvis Fitness Center. We had a full 12-team tournament that brought out over 96 players, and dozens of fans cheering on their teams. With the sponsorship of First Command, we were able to provide custom t-shirts for all participants. To go along with having their teams' name engraved on the coveted "Wrench Trophy", the winning team also received a pizza party and a framed photo of their team from the on-base organization SAPR. This year, going fully undefeated, the winning team was "Front Line" out of NASIC/GSI.

Thank you to all teams and fans who came out to compete and support in this years tournament!



AIR FORCE GAMING

### Esports Game Night

This year we hosted our first ever esports gaming event. Air Force now recognizes esports as part of their sports and fitness programs. This event included three different games: Madden, Super Smash Bros, and Halo Infinite. Fitness and sports partnered with the youth center to provide gaming consoles, controllers, and monitors for the event. All participants received AF Gaming swag, and the winners of each game went home with FSS gift cards. We are continuing to grow this realm of sports, so if you are interested, look for upcoming esport events or contact the sports office for more information @ 937-656-5961.





## Evolution of The Fitness & Sports Program

### CALENDER OF EVENTS

- MAY 1 - 31** LAZYMAN TRIATHLON
- MAY 1** YOGA ON THE LAWN  
3:30 - 4:30 PM AT TURTLE POND
- MAY 4** GOLF JONES CUP AT TWIN BASE GOLF COURSE
- MAY 6 & 8** BENCH PRESS CHALLENGE  
6 AM - 8 AM / 3 - 5 PM AT JARVIS FITNESS CENTER
- MAY 9** 2v2 PICKLEBALL TOURNAMENT  
3:30 - 6:30 PM AT DODGE FITNESS CENTER
- MAY 13 & 15** 60 SECOND AIR BIKE CHALLENGE  
6 AM - 8 AM / 3 - 5 PM AT DODGE FITNESS CENTER
- MAY 16** 4v4 SAND VOLLEYBALL TOURNAMENT  
3:30 - 6:30 PM  
JARVIS OUTDOOR SAND VOLLEYBALL COURTS
- MAY 21** TENNIS CLINIC  
5 - 6:30 PM AT DODGE FITNESS TENNIS COURTS
- MAY 22** BOWLING'S EAT & EXERCISE  
11 AM - 2 PM AT KITTYHAWK LANES
- MAY 24 - 28** THE MURPH CHALLENGE  
(IN HONOR LT. MICHAEL P. MURPHY)
- MAY 28** BOOTCAMP CLASS  
5 - 6 PM AT WRIGHT FIELD FITNESS CENTER  
(IN HONOR OF A1C WILLIAM H. PITSENBERGER)

SCAN THE QR CODE FOR MORE  
INFORMATION AND REGISTRATION!



**MAY**  
**2024**

**FITNESS & SPORTS MONTH**

### Sand Volleyball



This April we reopened the sand volleyball pits located next to Jarvis Fitness Center. Adding 26 tons of sand, and cleaning up the surrounding area, these volleyball pits are now open to all on a first-come first-serve basis.

Our intramural sand volleyball league also starts back up on 12 June. If you haven't already, fill out a roster registration form and turn it into the sports office. This is a 3v3 league that runs from June-August.



### Volunteer Work

This past month our team was able to support Earth Day efforts on 22 April, by going to the Oaks Quarry Park in Fairborn. We constantly maintain the appearance of our facilities and outdoor fields on base, but by partnering with other organizations we were able to make an impact on the community around us as well.



### Fitness and Sports Team

Starting off 2024 earning the 88<sup>th</sup> Force Support Squadron Quarter 1 Large Team Award!

Mission: Provide customer-oriented fitness and sports services by creating solutions responsive to their needs.

Vision: Transform facilities and programs focused on fitness and sports in support of our tactical athletes, family members, and community.

